



## What to expect in a comprehensive assessment?

### Step 1 - Clinical Interview

The first step in a psychological assessment is a thorough clinical interview. During this interview, you and the psychologist will discuss all areas of your life, your personal history and functioning to get a whole-person understanding of you. For younger children, this interview takes place first with parents/primary caregivers without the child present, so any sensitive areas can be discussed without risk to the child.

### Step 2 - Psychometric Testing

Information gained in the initial clinical interview guides your psychologist in selection of the most relevant psychological tests to administer. These may include one or more psychological, neuropsychological, educational or vocational tests. Although it is sometimes possible to complete the testing procedure in one sitting, it is common for people to be asked to return for more than one session.

### Step 3 - Evaluation & Results

Once testing is completed, the data will be analyzed and a report will be written. You will then have the opportunity to meet with your psychologist to discuss the results and you will receive a copy of the report. psychologist

Please Note: if you are participating in a third-party assessment, the party who sent you for the evaluation will receive this information on your behalf.